

THE UNION MOVEMENT'S

# SEXUAL HEALTH EVALUATION

@THEUNIONMOVEMENT

A dark green wooden church with a steeple and a cross on top, set against a cloudy sky and a mountain range in the background. The church has several white-framed windows and a white porch on the left side. The background shows a misty mountain range under a grey, overcast sky.

The Sexual Health Evaluation is a tool developed by The Union Movement to help you identify the strengths and vulnerabilities in your church community regarding holistic sexual health.

The evaluation is based on 5 Key Values that we have seen to be essential for faith communities to sustain healthy sexual culture. These keys are: *Honour, Legacy, Holistic Approach, Gospel-Centred, and Transparency*. (see next page for description) We welcome you to utilize this free tool with your team, and then make adjustments to grow in these areas.

**You can also reach out to [info@theunionmovement.com](mailto:info@theunionmovement.com) to ask about how we can partner with your church to do an Expanded Evaluation + Strategy Development Process to ensure that your church grows a sustainably healthy sexual culture.**



# STEPS FOR CHURCH & MINISTRY LEADERS

---



## 5 Keys for Sexual Health in a Faith Community

### Honor

In a culture of honor, men and women of all ages are respected. Marriage, sex, and relationships are treasured, not idolized or demonized.

### Transparency

There is time and space made for vulnerable conversations. Leaders go first.

### Legacy

There is intentional investment into the young generation, knowing they need connection to be established in their identity.

### Gospel-Centred

There is a great emphasis on the restoring power of Jesus that removes shame from our lives.

### Holistic-Approach

Holiness is not limited to a list of "do's" and "don't's", but is understood to be a matter of the heart and of worship. Family of origin, traumatic circumstances, and personal choices are considered in the healing process.

## QUESTIONS ABOUT SEXUAL & RELATIONAL HEALTH

# Personal Evaluation

1

Do you have personal relationships with people of all demographics in your life? Men? Women? Young? Old? Single? Marrieds?

2

If every marriage in your church looked like yours right now, would you think that is a good thing? What is a goal you have in mind to improve your marriage this year?

3

Describe your closest friendships. Do they live nearby? Do they ask you good questions and make space for vulnerable answers?

4

What are some daily, weekly, monthly, or annual rhythms that you choose in order to sustain your health? (Body, soul, and spirit)

5

What are the things from your past (personal choices, family of origin, or difficult experiences) that God has brought you through?



THE UNION

## QUESTIONS ABOUT SEXUAL & RELATIONAL HEALTH

# Church Staff & Leadership

1

How would you describe the interpersonal relationships on your team? How do the various demographics relate? (Single, married, male, female, young, old)

2

How would you describe the health of the friendships, marriages, and families of your staff & leadership?

3

How often does someone from your team confess a struggle or temptation?

4

How would you describe the physical and soul health of your team? What are the personal rhythms that individuals have in their life to stay strong and rested?

5

Do you know the testimonies of your team members? Do they know your story? Is there space available to share what the Lord is doing in their life?



## QUESTIONS ABOUT SEXUAL & RELATIONAL HEALTH

# Church Community

1

How often are male, female, seasons of life, or marital status recognized from the pulpit? Is there space given to acknowledge the unique challenges they may be facing, with wisdom and direction offered?

2

Are there healthy God-honoring relationships forming? How big of a priority is sexual purity to young dating couples?

3

Is there strong accountability between members of your church, with members urging one another to God-honoring behavior? Are there patterns of confession, counselling, and prayer?

4

Are you connected with professional, trusted counsellors to recommend whenever congregants need additional help?

5

How often does your church receive instruction on matters of sexuality, identity, and relationship?





## QUESTIONS ABOUT SEXUAL & RELATIONAL HEALTH

# Family Life of Church Members

1

Do you have many single people around? Are there families and a sense of community for them to belong to?

2

How confident do parents feel to lead their children in conversations about matters of sexuality and entering into God-honoring dating relationships?

3

How would you describe the family connections in your community? Have you seen strong relational connections between parents and their children?

4

Are there any resources or ministries within your church community to help moms and dads to grow holistically for the sake of their children? (classes, events, recommended resources, etc.),

5

How frequently does someone on your team teach or present about family life, marriage, or raising children?



**If you would like our assistance in a more comprehensive evaluation of the sexual health within your church culture, contact us at [info@theunionmovement.com](mailto:info@theunionmovement.com).**



**@THEUNIONMOVEMENT**

**WWW.THEUNIONMOVEMENT.COM**

# THE UNION PODCAST

A MINI-SERIES FOR CHURCH LEADERS



## 5 Keys to Sexual Health in a Faith Community



\*available wherever you access podcasts  
and on [www.theunionmovement.com/podcast](http://www.theunionmovement.com/podcast)