

5 SIMPLE WAYS TO SUPPORT YOUR CHILD'S GENDER IDENTITY



Celebrate each child's gender.

"I'M SO GLAD YOU ARE WHO YOU ARE!"

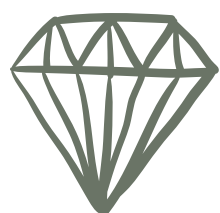
As a parent, your words of acceptance and love are irreplaceable. Right from birth through to adulthood, you can surround your child with statements that affirm their gender. (ie. "God made you a boy on purpose!" or "I'm so glad that you are my daughter!")



Avoid gender stereotypes.

"PINK ISN'T A GIRL COLOR."

Men and women are undeniably different, but not in all the ways that current culture assumes. Boys don't have to be rough and tumble. Girls don't have to want to play with dolls. Prayerfully consider where your family has assumed rules that God didn't give to us.



Recognize their innate value.

"YOU'RE VALUABLE FOR WHO YOU ARE."

The message of our world today is that our value comes from appearance, performance, or big contributions to society. This sets us up for insecurity and vulnerability around matters of identity. We can give our children confidence by declaring their unchanging worth and our unconditional love for them.



Learn about biology. Pass it on to your child.

"LET ME TELL YOU ABOUT TESTOSTERONE AND ESTROGEN."

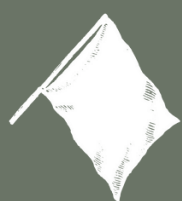
Science has shown us that hormones and physiology play a big role in the way we each think and live. By learning about legitimate gender differences we can help our kids remember that their body is a gift from God and an integral part of their design as a human.



Honour the differences between men and women.

"GIRLS ARE NOT GROSS. BOYS ARE NOT BAD."

Sometimes people reject their biological gender because they deem it as "less". God made male and female and declared that BOTH are *good*. As parents we must honour the differences, eliminating competition between genders. Men and women are meant to work together, not against one another.



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RESOURCES FOR FAMILIES



AWKWARD:

bringing confidence for conversations about sex

You know you don't want your kids learning about sex from Google or on the playground at school, but it can be intimidating to know where to start. This 6 session video series will help you find confidence to have those awkward, yet worthwhile conversations.

FREE ONLINE VIDEO SERIES + EBOOK
available at www.theunionmovement.com



The Weight of Wings

a children's book about finding purpose in your gender design

In our culture today, children are surrounded by messages that cause confusion regarding the very foundations of their identity.

"The Weight of Wings" is a story that follows the journey of a bird who is asking the question, "Why am I the way that I am?"

Parents and educators can use this story as a way to start gentle conversations about gender, confidence and God's kind design.

"THE WEIGHT OF WINGS"
AVAILABLE FOR PURCHASE ON AMAZON



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